

Tara L. Broccoli

Curriculum Vitae

Rutgers, The State University of New Jersey
Psychology Department
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Education

Graduate: Rutgers University, New Brunswick, NJ
Social/Health Psychology
Ph.D., May, 2008 (expected)

Dissertation Title: Relationship between Self and Body: The Phenomenon of Disconnect
(Advisor: Diana Sanchez)

Rutgers University, New Brunswick, NJ
Social/Health Psychology
M.S., 2005

Thesis Title: Depression and Health Behavior: Adaptive and Maladaptive Effects
(Advisor: Michael Friedman)

Undergraduate: Connecticut College, New London, CT
Psychology (Major)/ Women's Studies (Minor)
B.A., *cum laude*, 2002

Thesis Title: Predictors of Genetic Screening for Breast Cancer Predisposition
(Advisor: Joan Chrisler)

Academic Honors and Awards

- 2007 American Association of University Women Dissertation Fellowship for dissertation titled, "*Relationship between Self and Body: The Phenomenon of Disconnect*" (\$20,000)
- 2003 National Commission on Cancer Research Fellowship for project titled, "*Validation of the Distress Thermometer*" (\$1,500)

Association Memberships

Association for Psychological Science
 Division 35 of the American Psychological Association: Psychology of Women
 Division 38 of the American Psychological Association: Health Psychology

Professional Experience

2006-present Body Disconnect: Causes and Consequences

Designing and conducting studies with the goal of examining individuals' relationships with their physical bodies under the supervision of Dr. Diana Sanchez. The research aims to identify gender differences in men's and women's feelings of connectedness to their physical bodies. Furthermore, causes of disconnect and consequences of this phenomenon (e.g., health behavior performance) are being explored.

2006-2007 Stigma, Health, and Close Relationships Laboratory Coordinator

Organized the research projects being conducted within the laboratory. Coordinated 12 undergraduate research assistants and five graduate student researchers. Managed data collection and entry while acting as a liaison between the principle investigator and undergraduate and graduate students. Ensured human subjects certification was obtained by all researchers and institutional review board protocols were followed.

2003-2005 Depressive Symptoms and Health Behavior: Adaptive and Maladaptive Effects

Designed and conducted a project with the goal of assessing the impact of depressive symptoms on preventive health behavior under the supervision of Dr. Michael Friedman. The project sought to identify the adaptive and maladaptive effects of depressive symptoms on engaging in preventive health behavior.

2003-2004 The Impact of a Relative's Mammogram: "A Teachable Moment"

Participated in a project designed to increase mammography screening among women under the supervision of Dr. Linda Patrick-Miller at the Cancer Institute of New Jersey. Collected data through phone interviews with women at three time points: prior to undergoing mammography, after receiving the results of their mammogram, and one year after their mammogram.

2003 Postpartum Depression: Identification and Intervention

Provided research design consultation on a project that aimed to identify women who were at risk for, or currently experiencing, postpartum depression at St. Peter's University Hospital. The research endeavored to provide women with screening and intervention in the form of educational materials and referrals when necessary.

2003 Risk Communication Bibliography

Participated in a project with the goal of updating the Risk Communication Bibliography for the National Cancer Institute. Assessed articles with regard to relevance, focus, and importance.

2002-2003 Internet Use Among Women With Recurrent Breast Cancer

Recruited and surveyed women as part of a project focused on Internet use among women with breast cancer at the Cancer Institute of New Jersey under the supervision of Dr. Ian Brissette. Administered questionnaires and interacted with patients undergoing chemotherapy.

Publications

Accepted Manuscripts

Broccoli, T. L. & Sanchez, D. T. (in press). Implicit hopelessness and sexual risk taking behavior: Exploring nonconscious predictors of risky behavior. *Journal of Applied Social Psychology*.

Sanchez, D. T., & Broccoli, T. L. (in press). The romance of self-objectification: Does priming romantic relationships induce states of self-objectification? *Sex Roles*.

Manuscripts In Preparation

Broccoli, T. L., Sanchez, D. T., & Graziano, D. M. (2007). Body disconnect: Men's and women's psychological separation from the body following appearance and physical competence threats.

Broccoli, T. L., Sanchez, D. T., Friedman, M. A., & Osinubi, O. (2007). Enhanced life functioning: A theoretical and practical approach to integrate multiple health behavior interventions.

Sanchez, D. T., Broccoli, T. L., & Phelan, J. E. (2007). Men's and women's psychological vigilance and psychological health.

Invited Presentations

Broccoli, T. L. (2008, April). *CC: Competence and confidence for your future endeavors*. Invited presentation at Connecticut College, New London, CT.

Broccoli, T. L. (2007, Nov.). *Psychological separation of the self from the body: Examining causes and consequences of disconnect*. Invited presentation at Rutgers University, Camden, NJ.

Broccoli, T. L. (2007, Sept.). *Body disconnect: Men's and women's psychological separation from the body following appearance and physical competence threats*. Invited presentation at Connecticut College, New London, CT.

Professional Presentations

Broccoli, T. L., & Friedman, M. A. (2006, May). The potential adaptiveness of depressive symptoms for health behavior. Poster presented at the annual meeting of the Association for Psychological Science, New York, NY.

Patrick-Miller, L. J., Broccoli, T. L., Much, J. K., & Levine, E. (2004, June). Validation of the Distress Thermometer: A single item screen to detect clinically significant psychological distress in ambulatory oncology patients. Poster presented at the annual meeting of the American Society of Clinical Oncology, New Orleans, LA.

Broccoli, T. L. (2002, May). Predictors of genetic screening for breast cancer and the use of prophylactic mastectomy and chemoprevention. Poster presented at the annual Connecticut College Psi Chi Conference, New London, CT.

Research Interests

Health behavior; body image; self-objectification; women's health; cancer prevention; eating and exercise behavior; implicit methodology

Current Research

Currently, I am interested in improving extant measures of predictors of health behaviors and expanding the use of implicit methodologies to important questions pertaining to health psychology and health policy issues. Additionally, I am interested in the level of connectedness that one experiences in relation to his/her physical body. I am especially interested in the experience of disconnect from one's body (i.e., experiencing one's body as separate from oneself). Of particular interest are the causes and consequences of disconnect with specific concentration on behavioral outcomes.

Teaching Experience

Spring 2008 Social Psychology: Instructor

Providing 50 undergraduates with an introduction to social psychology. Prepared syllabus, lectures, assignments, group application project, and exams.

Summer 2007 Health Psychology: Instructor

Provided 33 undergraduate students with an introduction to health psychology. Prepared syllabus, lectures, assignments, health behavior modification project, and exams.

Student Evaluation for "Teaching Effectiveness": 4.20/5.0 (n = 27)

Student Evaluation for "Prepared for Class": 4.78/5.0 (n = 27)

Student Evaluation for "Positive Attitude": 4.70/5.0 (n = 27)

Summer 2006 Health Psychology: Instructor

Provided 40 undergraduate students with an introduction to health psychology. Prepared syllabus, lectures, assignments, health behavior modification project, and exams.

Student Evaluation for "Teaching Effectiveness": 4.43/5.0 (n = 30)

Student Evaluation for "Prepared for Class": 4.70/5.0 (n = 30)

Student Evaluation for "Positive Attitude": 4.57/5.0 (n = 30)

Fall 2006-Spring 2007 Livingston Writing Center: Tutor

Provided instruction to undergraduates seeking to improve their writing. Helped students develop the skills necessary to read critically and write and revise on their own.

Summer 2005 General Psychology: Instructor

Provided 30 undergraduate students with an introduction to the field of psychology and to psychology as a science. Prepared syllabus, lectures, assignments, small group projects, and exams.

Student Evaluation for "Teaching Effectiveness": 4.70/5.0 (n = 25)

Student Evaluation for "Prepared for Class": 5.0/5.0 (n = 25)

Student Evaluation for "Positive Attitude": 5.0/5.0 (n = 25)

Summer 2004 General Psychology: Instructor

Provided 30 undergraduate students with an introduction to the field of psychology and to psychology as a science. Prepared syllabus, lectures, assignments, small group projects, and exams.

Student Evaluation for "Teaching Effectiveness": 3.88/5.0 (n = 16)

Student Evaluation for "Prepared for Class": 4.33/5.0 (n = 16)

Student Evaluation for "Positive Attitude": 4.50/5.0 (n = 16)

Fall 2003-Spring 2007 Sensation and Perception: Lab Instructor

On average, provided 12 undergraduate students with an introduction to sensation and perception research, research methods, and scientific writing.

Student Evaluation for "Teaching Effectiveness": 4.77/5.0 (n = 84)

Student Evaluation for "Prepared for Class": 4.93/5.0 (n = 84)

Student Evaluation for "Positive Attitude": 4.91/5.0 (n = 84)

Fall 2002-Spring 2003 Teaching Assistant

Provided support to professors teaching *Health Psychology*, *Abnormal Psychology*, *Principles of Cognitive Psychology*, *Infant and Child Development*, and *Sensation and Perception*. Main duties included grading exams and assignments as well as meeting with students to discuss grades and possible strategies for success in the course.

Teaching Interests

General Psychology; Research Methods; Quantitative Methods; Social Psychology; Health Psychology; Psychology of Women; Behavioral Medicine; Psychology of Women's Health

Mentoring Experience

Fall 2006-Spring 2007 Dina Graziano

Honors thesis student. Conducted a project that analyzed the impact of physical appearance and body competence threats on men and women's relationships with their bodies and psychological well-being.

Departmental Service

2006, 2007	Teaching Assistant Orientation Leader
2005-2006	Social Area Graduate Student Representative
Spring 2003-2006	Welcoming Committee Member
2001-2002	Psychology Advisory Board Member

Editorial Experience

Ad-Hoc Reviewer

Cognition and Emotion

References:

Dr. Diana T. Sanchez
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